

Academic Success Plan for Students on Probation

Avoiding Dismissal and Returning to Good Standing

Students on Academic Probation can avoid academic dismissal by earning a 2.00 or higher Term GPA, and can return to Good Standing by achieving a 2.00 Cumulative GPA.

Meetings: Required and Recommended

- You are **required** to meet with your **academic advisor** for a probation advising appointment.
- To explore majors, review [UT's program guides](#).
- Meet with each of your **instructors** early in the semester to establish lines of communication.
- We suggest you meet with an academic coach in the Student Success Center to determine the grades necessary to reach Good Standing, and to plan strategies for reaching those grade levels. We can also help you navigate the campus' abundant supply of helpful resources, many of which are listed on the back of this page.

You are in charge of your own success. We are here to help.

Academic Success Strategies: AIM

A = Attend all classes.

Grades are directly tied to attendance. By missing class you miss:

- crucial content information, and amplification of the assigned readings
- clarification of instructions for assignments and upcoming tests
- info emphasized by instructor's body language, voice inflection, and board writing

These factors cannot be captured in someone else's notes. Only *you* can get them *in class*!

When present, it's also important to be *fully* present, alert, focusing on the material, shelving all inner and outer distractions.

I = Invest in your commitment.

Treat school as your full time job, working everything else in your schedule around it rather than *vice-versa*. Achieve a 40 hour work week by putting 20 hours into your classroom experience and 20 hours per week outside the classroom.

Limit your employment hours, as school is your full time job!

M = Manage your time, relationships, and resources.

Success in college often boils down to self-management.

Propel yourself toward better *time management* by

- setting specific goals for each of your courses
- structuring your time (History and Chemistry from 7:00 to 9:00 every Tuesday night)

Develop effective *coping skills* in the face of adversity, not by withdrawing and facing your battles alone but by reaching out for help and contacting offices that can help you.



Student Success Center 

~ Your future, your success ~

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<http://studentsuccess.tennessee.edu>