

## EDUCATION

### University of Tennessee, Knoxville

Knoxville, TN

*Bachelor of Arts in Psychology*

Expected: May 20XX

GPA: X.XX/4.00

Relevant Coursework: Abnormal Psychology, Counseling Techniques, Human Development, Social Psychology

## RELEVANT EXPERIENCE

### Helen Ross McNabb Center

Knoxville, TN

*Behavioral Health Technician*

August 20XX – Present

- Support clients in a behavioral health setting by assisting with daily routines and therapeutic activities
- Observe and document client behaviors and progress notes, reporting updates to clinical staff
- Communicate with clients using empathy and active listening to promote a supportive environment
- Maintain a safe and structured setting in accordance with program guidelines
- Assist with de-escalation techniques and support crisis prevention in a behavioral health setting

### Boys & Girls Clubs of the Tennessee Valley

Knoxville, TN

*Youth Mentor*

January 20XX – Present

- Mentor youth by providing guidance, support, and positive reinforcement in after-school programming
- Facilitate activities focused on social, emotional, and academic development
- Build relationships with participants to encourage engagement and personal growth
- Address behavioral challenges using patience and effective communication strategies
- Recognize and respond to behavioral and emotional needs, referring concerns to staff when appropriate

## LEADERSHIP & INVOLVEMENT

### Psychology Club, University of Tennessee, Knoxville

Knoxville, TN

*Member*

August 20XX – Present

- Participate in meetings and events focused on psychology careers and graduate school preparation
- Engage with faculty and guest speakers to explore research opportunities and career pathways
- Engage in discussions on mental health topics, counseling approaches, and client care practices

### Volunteers for Health Student Organization

Knoxville, TN

*Volunteer*

January 20XX – Present

- Support community outreach initiatives promoting mental health awareness and wellness education
- Assist with event coordination and participant engagement
- Interact with community members to promote access to health and wellness resources

### UTK Student Volunteer, Campus Event Support

Knoxville, TN

*Volunteer*

March 20XX – Present

- Assist with student-facing events by providing directions, answering questions, and supporting engagement
- Welcome and interact with students and families to create a positive and inclusive campus environment
- Communicate event details clearly and respond to questions to ensure smooth participant experience

## SKILLS

**Counseling & Interpersonal:** Active listening, empathy, rapport building, de-escalation, conflict resolution

**Professional:** Documentation, communication, time management

**Technical:** Microsoft Word, Microsoft Excel, Google Workspace

## CERTIFICATIONS

CPR/AED Certified, Mental Health First Aid